

APPENDIX 4. RESOURCES

PHYSICIANS	
Online	<p>Canadian Asthma Consensus Guidelines <i>Available in English/French</i> www.asthmaguidelines.com/home.html</p> <p>Canadian Lung Association www.lung.ca/asthma/index.html (Provides easy link to provincial Lung Associations)</p> <p>NAEPP Expert Panel Report 2: Guidelines for the Diagnosis and Management of Asthma. 2002. www.nhlbi.nih.gov/guidelines/asthma/index.htm</p> <p>Global Initiative for Asthma www.ginasthma.com</p> <p>Family Physician Airway Group of Canada www.fpagc.com <i>A group of family physicians with a special interest in airway disorders. Dedicated to helping all family physicians maintain and increase their skill in assisting people with asthma and COPD. Provides practical tools and newsletter. Membership is free-of-charge.</i></p> <p>Canadian Network for Asthma Care (CNAC) www.cnac.net/english/clinics.html <i>Provides a list of nationally Certified Asthma Educators.</i></p>
PDA	<p>NAEPP Expert Panel Report 2: Guidelines for the Diagnosis and Management of Asthma is available for download and use on Palm OS devices. <i>Free 30-day Trial Demo Version</i> at: http://hin.nhlbi.nih.gov/as_palm.htm. Approximately \$16.95 U.S. for ongoing access.</p>
PATIENTS	
Online	<p>Canadian Lung Association www.lung.ca/asthma/index.html Ontario Lung Association www.on.lung.ca/asthmaaction/asthmaaction.html <i>[Provide action plans, diary cards, and facts sheets in many languages. Also have clear instructions for inhalers (under "Medications" → "Inhalation Devices"—explaining the "open mouth technique")]</i></p> <p>Asthma Society of Canada www.asthma.ca/adults/ <i>[Provides clear instructions with many illustrations for each type of inhaler. Click on "Treatment", then on "How to Use Your Inhaler"]]</i></p> <p>30 sec Asthma Test www.asthmaincanada.com/index.php</p> <p>Global Initiative for Asthma www.ginasthma.com/Patients.asp?11=3&12=0</p> <p>National Heart, Lung, and Blood Institute www.nhlbi.nih.gov/health/dci/Diseases/Asthma/Asthma_WhatIs.html</p>

