

APPENDIX 2 QUESTION GUIDE FOR USE WITH PARENTS AND CHILDREN**For the Parent(s)***

- Tell me about any major changes or stresses in your family since your last visit.
- Who do you turn to when you need some help?
- What do you and your partner enjoy most about parenting these days? What seems most difficult?
- What questions or concerns do you have about _____'s behaviour or development?
- How are your other children doing?
- How do you encourage _____ for his/her accomplishments and encourage his/her good behaviour?
- What are your thoughts about discipline? Do you and your partner tend to agree?

For the Child or Adolescent

- What are some things you are good at?
- Tell me about your friends. What do you like to do together?
- If you had 3 wishes, what would they be?
- How is school going? What do you like most about school? The least? How are your grades?
- How do you get along with your brothers and sisters? With your parents?
- What makes you happy (sad, angry)?
- Do kids you know get into trouble at school sometimes? Do you ever get into trouble?
- When you have a problem, who do you talk to about it?
- What is it like to be you?

* Adapted from Green M, Palfrey IS, Clark EM, Anastasi JM, (eds). *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents. Pocket Guide 2001 Update*, 2nd ed. 2001. <http://www.brightfutures.org>

For younger children (grades 1-3), the "How Do you Feel Coloring and Activity Book" (US Dept of Health and Human Services) may be useful. It can be downloaded from www.mentalhealth.org/child

