



Resources

Parenting/Effective Discipline Coaching

Books

- American Academy of Pediatrics. *Caring for Your Baby and Young Child*. Bantam, 1998.
- Coloroso B. *Kids Are Worth It: Giving Your Child the Gift of Inner Discipline*. Penguin, 2001. www.kidsareworthit.com
- Coloroso B. *Parenting Wit & Wisdom*. Viking, 2002. www.kidsareworthit.com
- Greydanus DE, Bashe P. *American Academy of Pediatrics Caring for Your Teenager*. Bantam, 2003.
- Schor EL. (American Academy of Pediatrics) *Caring for your School-Age Child: Ages 5-12*. Bantam, 1999.
- Kurcinka MS. *Raising your Spirited Child: A Guide for Parents Whose Child is More Intense Sensitive Perceptive Persistent Energetic*. Harper Collins, 1991.
- Kurcinka MS. *Kids, Parents, and Power Struggles*. Harper Collins, 2000.
- Samalin N. *Loving your Child is Not Enough: Positive Discipline that Works*. Penguin, 1998
- Faber A, Mazlish E. *How to Talk So Kids Will Listen and Listen so Kids Will Talk*. Avon, 1999.
- Faber A, Mazlish E. *Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too*, 1999.
- Thomas A, Chess S. *Temperament and Development*. Brinner-Mazel, 1977.
- Phelan TW. *1-2-3 Magic: Effective Discipline for Children 2-12*. 3rd Edition. ParentMagic Inc. 2003. Although available at most bookstores, it is controversial. Many parent educators (such as Barbara Coloroso, Alfie Kohn, Nancy Samalin, and Mary Gordon) disagree with his animal training analogy.

Websites

- Parenting: Preparing for Adolescence. American Academy of Child & Adolescent Psychiatry. www.aacap.org/publications/factsfam/adolescence.htm
- Parenting Tips. American Academy of Family Physicians. 2002. www.familydoctor.org/handouts/368.html
- Parent Magic inc. Dr. Thomas Phelan. www.parent-magic.com
- Effective Discipline: A Healthy Approach. Canadian Paediatric Society, 2003. www.caringforkids.cps.ca/behaviour/EffectiveDiscipline.htm
- How To Use Time-out. Canadian Paediatric Society, 2003. www.caringforkids.cps.ca/behaviour/TimeOut.htm
- Discipline. American Academy of Child & Adolescent Psychiatry. www.aacap.org/publications/factsfam/disciplin.htm

Videos/Audio Cassettes

- Coloroso B. *Winning at Parenting*. www.kidsareworthit.com
 "1-2-3 Magic: Managing Difficult Behavior in Children 2-12." (120 min). Ask your family resource library, call 1-800-442-4453 or visit www.parent-magic.com

Sibling Rivalry

Books

- Aber LW. *101 Activities for Siblings Who Squabble: Projects and Games to Entertain and Keep the Peace*. St. Martin's Griffin, 1995.
- Canter L, Canter M. *Surviving Sibling Rivalry: Helping Brothers and Sisters Get Along*. Canter and Associates, 1993.
Tel: 1-800-262-4347; Website: www.canter.net/cn/books/parent/booklist.html

Websites

- Sibling Rivalry. KidsHealth. 2000. www.kidshealth.org
- Sibling Rivalry. Bright Futures FINISH. www.brightfutures.org

School Refusal

Websites

- What to Do When Your Child Refuses to Go to School. American Family Physician, 2003. Available online at www.familydoc.org
- Children Who Won't Go To School. American Academy of Child & Adolescent Psychiatry, 1998 www.aacap.org/publications/factsfam/noschool.htm