



LOG SHEET INSTRUCTIONS

Ad hoc Small Group Learning Program

Individual Log Sheet Explanation



Instructions on completing your log sheets:

Review 1 and Review 2 of the log sheets are both important because they will provide the evidence needed to determine if the use of modules in an ad hoc small group qualifies for MAINPRO-C credits.

Step 1 Once you have **reviewed the module**, I would suggest that you *read the cases first*, then consider the management issues that arise from them, particularly as they would relate to your own practice and practice setting. *Then read the information section*, looking for the relevant scientific literature that has been compiled. The clinical commentary is intended to provide one way (and there may be many) of applying the information in the module to manage the problem cases in the module. It gives you a reference point with which you can compare your own interpretation of the problems and their management.

Step 2 **The most important step in the whole process happens next.** Consider whether or not, as a result of doing the module exercise, you think changes are indicated in your own practice and **indicate your thoughts in Review 1.** *It is this reflective process that needs to be captured in the first part of the log sheet* as this will serve as a written record of your intentions to change or maintain the status quo.

Step 3 At the end of a specified period of time (*determined by you*) after having encountered the module topic in your practice, review your log sheet and reflect on your practice experience since having read the module and complete **Review 2.**

Questions for you to consider when completing Review 2:

1. Have you made changes in your practice that have been successful and therefore maintained them?
2. Have you made changes that have not been successful and thus discontinued them?
3. Are there problems that arose as a result of the changes? Have you found ways of overcoming those problems?
4. Have you decided changes were not in order, or that a decision to change was deferred?
5. When you did the module originally, have you subsequently encountered patients who reminded you of something from the module, prompting you to explore the situation further?

It is this reflective process that needs to be captured in the second part (REVIEW 2) of the log sheet, as this is the reflective basis on which MAINPRO-C accreditation has been developed.

While the program will have a need to see this record in order to assign educational credits, we suggest that you write the logs as an educational record for your own use and future reference. In this way it will become a useful tool for you to plan and monitor your own learning. The resulting record will automatically become one from which the program can validate the reflective process on which sound continuing professional development is based.

Thank You.