



GROUP SESSION LOG SHEETS

PBSG Learning Program



PURPOSE:

The Log Sheets serve a dual purpose.

- 1) Most importantly, they are intended to be part of The PBSG Learning Program process for the groups – to promote reflection and “transfer” to practice.
- 2) They also provide valuable and helpful feedback to The PBSG Learning Program and to the module writers.

DESIGN:

The log sheets have been designed to access two important parts of the small group process – reflection and practice implementation. Studies suggest that if physicians attempt to visualize what that change might look like in their practices and commit to change, they are more likely to follow through with a new practice behavior. Within the group, discussion of this also permits sharing of information about barriers that impede adoption of new behaviors, attitudes or skills -- as well as outlining possible implementation strategies.¹

SPECIFICS:

After completing the module rating section, we would like some general comments about how the module met the needs of your group. What areas were the focus of discussion (key issues discussed)? What did you find most puzzling or confusing? What surprised you the most?

The next sections are primarily for the use of your group.

One deals with “unanswered questions”. What questions arose in group discussion that require further follow-up? Which group members will research these, and when will s/he bring these back to the group? [columns for “Who?” and “When?”]

The next section asks the group to reflect on their current practice and decide if change could be useful to your individual practices -- based on the material presented in the module and the discussion of the group. Remember, the group may decide, after reflection, that their current practice is confirmed and therefore will remain unchanged. Change is not always the desired outcome – reaffirmation of current practice *or* watchful waiting may be in order. This is a pivotal part of the form, and it is one of the features of The PBSG Learning Program that helps it meet the requirements for Mainpro-C credits. The barriers/problems area requires consideration of the potential issues associated with application in practice. In this area would be anticipated barriers -- often related to issues such as time, office or community resources, habits and attitudes.

The final section asks for your feedback as to future modules or about other issues related to the functioning of the small groups. The PBSG Learning Program uses the suggestions to guide the development of future modules. [REMINDER NOTE: With nearly 400 log sheets *per* module, it is impossible for the program to respond to each one individually. Please contact The Foundation office directly or use our Website - Clinical Discussion Group Bulletin Board at www.fmpe.org when you need a specific response.]

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¹ Karuza, Jurgis, et al . Enhancing physician adoption of practice guidelines: Dissemination of Influenza vaccination guideline using a small group consensus process. Archives of Internal Medicine, 155, 625-632.