

GROUP Practice Reflection Tool (PRT)
(to be complete as part of the Small Group PBLP session)

Name of Module: Breast Feeding Challenges and Infant Nutrition February 2021

Facilitator's Name:

Group:

Session Dates: 2021-05-04

This session highlighted the following gap(s) in our current practice:

Knowledge of the evidence for duration and dosing for domperidone.
Paced bottle feeding of expressed breast milk and formula
Knowledge about infant led weaning

Please fill in all of the practice change options that were discussed:

A. We will change our current practice in the following way:

Member 1/ Member 2/ Member 3 - Create a Breast Feeding resources file - within the pediatric folder - adding [Local Region] Breast Feeding Resources as a handout - PDF. And ensure to give to patients.
Member 4 - Add Ontario Breast Feeding Network referral form to EMR, and the [Local Region] Breast Feeding Resources *

For the change selected above*, what steps are we planning in order to make the change?

Specific and deliberate decision making around where to put resources within the EMR so that they can easily be found and distributed to patients. [Member 1] plans to add the information today to both her pediatric folder and handout section. [Member 1] will send a message to her colleagues that the form is present. It will be added to an existing resource that is used frequently and this should increase the viewing and distribution of the newly added resource.

For the change selected above, we are anticipating the following barrier(s):

Right now [Member 1] isn't too worried as she has a lot of newborns.
Printing the resource for patients who do not have email.
Considering adding line in First new baby visit - to give breast feeding resources

B. We are considering making the following changes to our current practice:

[Member 1/ Member 4] breast exam for primips to examine for potential barriers to breast feeding

What would enable us to move from considering making these changes to committing to making these changes?

Member 1 - ensure for 12 week visit patient is changed and ready for exam

C. Our current practice(s) that were confirmed are:

Frequent weighing in new born period
assessing latch
assessing mom's MH
promoting breast feeding
appropriate contraception choices
referring for tongue tie release where appropriate

D. Record any other information that would be useful for your Follow-Up Session. (Optional)

Patients already receive a form from the hospital to track feeding and elimination
PH has a list of local BF supports

Click [here \(https://members.fmpe.org/modulefeedback\)](https://members.fmpe.org/modulefeedback) if you would like to submit feedback on this module to the module development team.

We will review this statement of impact on our practice on : November 4th, 2021